



Sign up for important updates from Mr. Pickett.

Get information for **Moorhead J High School** right on your phone—not on handouts.

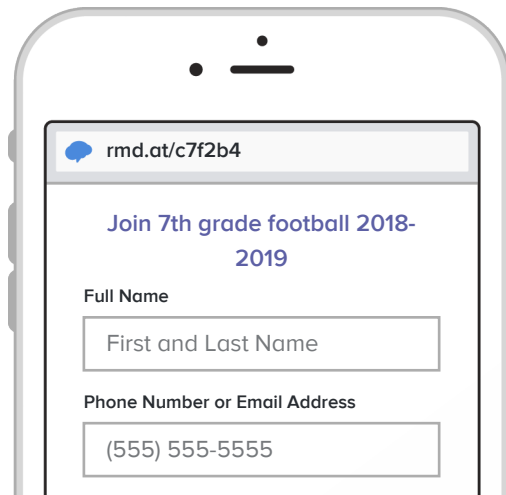
Pick a way to receive messages for **7th grade football 2018-2019**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/c7f2b4

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message [@c7f2b4](https://rmd.at/c7f2b4) to the number **81010**.

If you're having trouble with **81010**, try texting [@c7f2b4](https://rmd.at/c7f2b4) to **(469) 518-6983**.

** Standard text message rates apply.*



Don't have a mobile phone? Go to rmd.at/c7f2b4 on a desktop computer to sign up for email notifications.